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FOR IMMEDIATE RELEASE

May 19, 2004

## **CONNACHER FILES YEAR END OIL AND GAS DISCLOSURE DOCUMENTS**

CALGARY, May 19 - Connacher Oil and Gas Limited (CLL-TSX) today filed with Canadian securities regulatory authorities its Annual Information Form for the year ended December 31, 2003, which includes the disclosure and reports relating to reserves data and other oil and gas information required pursuant to National Instrument 51-101. Copies of the filed documents may be obtained via SEDAR at [www.sedar.com](http://www.sedar.com) or on Connacher's website [www.connacheroil.com](http://www.connacheroil.com).

Connacher Oil and Gas Limited is a Calgary-based oil and natural gas exploration, development and production company. The company's principal assets are located in southwest Saskatchewan at Battrum, Cabri and Tompkins. It also holds over 100 percent of over two townships of oil sands rights at its Great Divide project near Fort McMurray, Alberta.

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